

## Jen Cable — BIO

Flourish Root Floral Studio is a floral and green installation arts studio led by Jen Cable. Jen works with flowers, foliage and natural materials to create florals and living green works evocative of the seasons and natural surroundings. Living in the Blue Ridge Mountains for the last 20 years, Jen finds daily inspiration from its natural beauty in all its forms, colors and views. The mountains, wildflowers, fields, forests, gardens, farms and their respective seasons are all collective resources from which she draws to create her work and designs.

Jen started working with flowers in 2012 when she opened Flourish Root Floral Studio in a small space at Coterie, a now-shuttered collective local artisan and curated object shop. Throughout the years, the studio has grown and evolved into the stand alone working studio space that it is today. Jen makes and creates florals and living art for artist and professional collaborations, events, workshops, celebrations, every day, private and corporate clients and more. In 2013, resident artist Kat Habib began working with Jen and the Flourish Root Floral Studio using flowers as their collaborative medium. The partnership has naturally evolved into use of Kat's ceramic pieces to complement and enhance their floral work.

Jen believes in the practice of using and sourcing in-season local and regional materials and goods to create her floral and green works. This is an essential facet of her work as it highlights the importance of our surroundings and an ever-changing environment which blooms, grows, yields and provides the materials that are the foundation of her creative works.

Jen has a B.A. in Historic Preservation from Mary Washington College (now University of Mary Washington) and often finds herself enthralled with architectural details, a well designed museum, and the aesthetics of historic properties. Her love of the outdoors and the environment led her to horticulture and the fundamental beauty of plants, flowers and gardens. She operated her own landscape and garden design business for 10 years before she began to focus solely on her florals, a natural progression from her previous horticultural

experience. Her active working Sperryville floral studio continues to provide a creative environment for herself and fellow resident artist Kat Habib, as well as fostering new projects and collaborations on a daily basis.